

# POSEIDON RULERSHIPS IN MEDICAL ASTROLOGY

by Eileen Nauman, DHM (UK), EMT

© Eileen Nauman 2024

Website: www.walkingtheland.net

**YouTube Channel:** https://www.youtube.com/@eileennauman2329/

**Astrology playlist** 

**UPDATED 2010:** As with anything, time, age and experiences increase one's wisdom and understanding. I undertook a six-month work of love to redefine the Uranian planets into a modern context of understanding. And I produced these eight monographs on them. Now, twelve years later, with more knowledge and experience, I am adding my latest understanding of them in this blog.

**SYMBOL:** It is two half-moons placed upside down and right-side up, bound by a bar. If one were to turn this another way, it is the glyph of Pisces, the fish. Poseidon is another word for the king of the oceans, Neptune. It is about the god being the "King of Life and Death" upon the oceans. The curved moons also suggest REFLECTION of where one is at spatially as well as inwardly and how that relates to their outer world and experiences. This is "as above, so below." This planet brings enlightenment information down through themselves and ground it into human consciousness in a way that we can use in a practical, everyday use. Or, on it's dark side (because all Uranian planets have a healthy and unhealthy expression), it is a person who can sway the masses and get them to do what he or she wants them to do.

MYTH: Poseidon's father was Kronos (Romans called him Saturn) and he was the son of the Titans, Ouranos and Gaea. Kronos overthrew his father with the help of his mother. They became rulers of the universe. Then, Kronos married Rhea, his sister, and she gave birth to the great gods of Greek mythology, including Poseidon/Neptune. To prevent the reoccurrence of his father's fate, Kronos swallowed each of his children as they were born. And Poseidon/Neptune was eaten by his father. His last son born, Zeus, was hidden. When Zeus became old enough, he forced Kronos to vomit up his siblings, Hades, Hera, Hestia, Demeter and Poseidon. They then overthrew the reign of the Titans. Poseidon/Neptune was assigned god of the Oceans by his brother Zeus.

## **MEDICAL RULERSHIPS OF POSEIDON**

- 1. Often found in the death of a person. It has the power of dying as strongly as the Moon's Nodes do, and of Saturn. Poseidon is about 'spirit matter' and turning back into 'spirit' (leaving the physical body to return to the amorphous other world after dying).
- 2. Mental disorders ranging from acute psychotic break, to chronic psychosis, schizophrenia, and OCD, obsessive-compulsive disorders.
- 3. Mentally challenged individuals.
- 4. Autism. Down's Syndrome.
- 5. Spiritual crisis; Kundalini unfoldment (if it goes 'wrong' there can be health implications on any one of the following levels: spiritual, mental, emotional and physical).
- 6. Drug addiction reason is to escape into the refinement of their head-tripping/mental realm, also to 'explore' the inner landscape of their mind to find 'enlightenment'. Mushrooms such as psilocybin, peyote, etc.
- 7. Dyslexia.
- 8. Mentally unstable; prone to 'nervous breakdown.'
- 9. Crisis in consciousness. Can mean the person may need to go through a mental breakdown to make a breakthrough to a new level of understanding within themselves. Can also involve spiritual crisis as well; or both.
- 10. Stammering.
- 11. Speech disorders in general.
- 12. Creates a world in their head to live in; out of touch with reality. Disassociated.
- 13. Epilepsy.
- 14. Hyperactive. ADD/ADHD.

#### PSYCHOLOGICAL UNDERPINNINGS OF POSEIDON

- 1. The Light of Spirit. They are interested in truth, enlightenment, spiritual evolvement, philosophy, the search for 'Truth', and is morally incorruptible, has high moral standards, is trusting and is honest to a fault.
- 2. On the unhealthy side, a heavy energy individual. A person who uses their intellect to manipulate others with their speech/tongue. Brain washers. Swindlers. Liars. Cultists. Fraud. Religious zealots. Fanatics of any kind. Their philosophy/way of believing/religion is better than anyone else's. Propaganda. "Spin-doctoring."
- 3. Power in words. They may be found in many kinds of vocation, but their skills are about speaking, writing, teaching. You will find them in universities and colleges as teachers/professors/Academia—the "paper chase". They will be in the media as 'talking heads' for newscasts, talk show hosts, etc. They are writers of fiction and nonfiction books. They will be on the Internet with web sites, as moderators with their own unique mailing list and bloggers. You will find them in politics, in courts of law (judge/lawyer). They will go to communes, be part of a spiritual unit/clan/cult. Any figure that rises to power through the spoken word (think of politicians, newspaper reporters, movie stars, dictators, Bush spin-doctoring his lies/deception to the American public, and religious leaders such as the Popes who covered up pedophiles in their ranks.
- 4. Think tanks. Visionaries for the future. Idea people.
- 5. These people value 'light' which can be interpreted on many levels. All of it is in the MENTAL sphere only. They prefer jobs/institutions where the mind and the qualities of the mind are utilized.
- 6. Can be very closed-minded. Once they have their mental construct of the world in place; they usually cannot be budged/changed from it. Opinionated. Judgmental. Rigid in their belief system or how they see the world. The opposite type has a "live-and-let-live" attitude toward everyone. They understand there are millions of realities and don't draw a judgment on others and their beliefs.
- 7. Others can be on a lifelong path of forever seeking Truth and Enlightenment. These people hang around with spiritual teachers, guru's and live in a commune, go to India, or follow their teacher from place to place. Or, they can go through an organized religion route as well.
- 8. You will find them in any kind of 'mental work' where they are being tested and challenged mentally for that is where they feel most alive and of most usefulness to themselves and the world.
- Idea people. They are able to make the quantum leap to connect ideas. Scientists, quantum physicists, or any field where mental exercise and connections are primary. Genius ability.
- 10. On the more spiritual/esoteric side of Poseidon, produces spiritualists, prophets, spiritualist mediums, clairvoyants, shamans, astrologers, tarot readers and those who are able to penetrate to veil into the other worlds/dimensions in search of "Truth" and 'enlightenment' for self and others. Universal messengers who bring truth and light to our dark world. They can bring light into us as an individual as well.
- 11. Daydreams. Daydreamer.

- 12. A prophet (male or female). A person who brings light to our world through what they know, an idea via speaking, writing, lecturing or through their own daily actions.
- 13. Invention by a person. Inventive. Common sense, practical inventions that 'serve' humanity. Genius mentality.
- 14. Nuts and bolts person who can put a far-flung idea into practical, every day application and use by humanity.
- 15. Abuser who verbally abuses others; dictator (like Hitler), who controls with their intellectual power, the power of their tongue/speech. Lies about Weapons of Mass Destruction in Iraq that supposedly gave Bush permission to go to war there, are perfect examples of distorted/twisted speech and the dissemination of lies and brainwashing to the people and world. This isn't just found in the US government—it can be found around our globe.
- 16. A person's lack of morals puts them into situations where their health may be in jeopardy—selling of drugs, use of recreational drugs to get a "high" and escape to the higher planes of knowledge (they like marijuana, heroin and LSD for the 'trips' they take in their head).
- 17. Brainwashed by a religious cult. Cult leaders. Religious vigilantes. Religious fanatics. Religiously fueled terrorists anywhere in the world or from any religion. History shows us all major religions have murdered in the name or their particular beliefs. Jim Jones, leader of the People's Temple who killed 909 followers with his own sick, distorted perspective.
- 18. Cult leader in some rigid, fixed belief system or philosophy (ex: Hitler, Jim Jones, David Koresh, etc.). The ability to sway people into believing their pabulum.
- 19. "In their head" and cut off from their emotions. "Head tripper." A person who is disconnected, out of touch, repressed/suppressed emotionally and who lives only in their head. In time, this will create health problems.
- 20. Lack of faith in one's self. Lack of belief in one's self. Lack of faith in any future for themselves. This creates low self-esteem, an inability to trust their own sense of knowing and intuition.
- 21. Criminal behavior. Amoral. Lack of integrity. The ability to swindle others, fraudulent schemes to bilk money from others.
- 22. Chronic liar. Thinks lying is perfectly all right to do. Or twists the truth to give his or her own, unique version. Embellishing the truth.
- 23. The Prophet—a person who has the Truth come through them and they deliver it to the people. Could be an author, a speaker, a teacher, someone who comes into your life to give you Truth in order to catalyze you and let go of your own distortion/belief/perception for a healthier model.
- 24. The light bringer. The bringer of Truth from our highest consciousness and highest good. "Christ consciousness" or "light" from whomever you believe in (God, Goddess, Buddha, etc.)
- 25. Symbol reader and translator. They can see the micro and macrocosm of a situation symbolically and translate into something you can understand and work with. People who work on an archetypal and mythological level. Ability to translate complex ideas

- into something simple that everyone can grasp and understand. Cosmic translators of Light.
- 26. The epiphany. The 'aha' moment that defines and changes you in some positive way.
- 27. Metaphysical ideas that come through this person and they speak/teach/write about them to share with the world. They are charged with being servants to our Earth to lift the vibration of the planet through what they know and share.
- 28. Linguists. Ability to speak two or more foreign languages. An 'ear' for sound. Able to pick up a foreign language very easily.

#### **HEALING TOOLS FOR POSEIDON**

- 1. Using their mental faculties to whatever capacity will increase self-esteem.
- 2. Suggesting that they try their hand at writing or taking a class in writing to learn how to do it. This will help tap into their immense mental creativity. Or a speech class. Or teaching what they know.
- 3. The use of newspapers, radio, television and the Internet—all brain stimulants, to trigger their vast, voracious hunger for mental stimulus, education and their own particular brand of "truth."
- 4. If in mental disharmony, soul recovery and extraction may be beneficial.
- 5. Flower essences and homeopathy will be of powerful help in re stabilizing a Poseidon person. They are so sensitive that they do not need heavy, gross types of healing tools such as pharmaceutical drugs or herbs. Their vibration is so refined that it can quickly respond to 'energy medicine' of any type. Also includes polarity therapy, sound/music/color therapy. If they do need a pharmaceutical drug—they won't need an 'adult' dose—more than likely, half a dose will do since they are super sensitive individuals.
- 6. Education is their way 'out' of any trap or prison. Schools are the healing unguent for their spirit.
- 7. Ask them to teach what they know. This builds self-esteem while people receive information from this individual.
- 8. Mental creativity which may turn into writing or poetry.
- 9. Yoga to help stimulate their spiritual side of the intellect.
- 10. Opening up to receive more internal and external awareness of what reality is and is not. Understanding that everything is 'maya' or illusions. The breaking through and grasping of this fundamental 3rd dimensional reality isn't real. Spiritual breakthroughs that bring every day awareness to a person and they turn around and use it to get more centered in their core being. By being in core, they are in better harmony with the FLOW of energy in all the dimensions that simultaneously permeate one another. Synchronistic occurrences allow them to double check and understand they have reached a new inner plateau of awareness and connection with the Creator.
- 11. Moving into a religion or thoughtful awareness much like Buddhism.
- 12. The movie, What The Bleep Do We Know? is an excellent example of Poseidon in action and teaching us about ourselves, our connection with the Creator and "all our relations."

#### FLOWER & GEM ESSENCE CONSIDERATIONS FOR POSEIDON

- 1. Amber—to ground the person, keep them in their body, in the 'here and now' rather than to live in a world of daydreams. It helps 'ground' their creativity to give it birth or physical manifestation.
- 2. Colville's Columbine—to link the power of living in their head back with their emotions and emotional life/capability via their heart. Both must be in place in order to advance spiritually.
- 3. Hematite—to stabilize the considerable mental powers of a person. Helps in thought and speech patterns (think of dyslexia, stammering, here).
- 4. Crimson Columbine—if "hyperactive" in the mental realm, cannot stay focused and is restless, this is the essence to consider.
- 5. Petrified Sequoia—to ground the person back into their body to make full use of all their talents and to manifest that talent. Stabilizing.
- 6. Moonstone—to help integrate emotional issues that are usually ignored by the mental construct of Poseidon people. Deals with feminine integration, as well as women and mother issues.
- 7. Pyrite—to see the 'fool's gold' within themselves as well as in others. Grounding. Stops spaciness. Helps to understand our own self-worth and value ourselves for it.
- 8. Opal—to draw out the emotions and create reconnection with the person with repressed/suppressed feelings/trauma.
- 9. Yellow Evening Primrose—mental field cleanser; works on toxic conditions, old patterns and tapes up in our head.
- 10. Holly Grape—for those who are mentally rigid and incapable of looking or appreciating or respecting anyone else's 'take' on reality/belief system. Adds flexibility to one's limited thought processes and helps the person to see the greater macrocosm instead of their own microcosm. For those who have harsh prejudices of any kind against any person, country or idea.
- 11. Century Plant—to create a breakthrough in the person's mental construct so they can get out of it and widen their mental horizon/construct of reality. For those who adhere to some fixed, rigid belief.
- 12. Scorpion weed—for the abuser who uses his/her tongue to manipulate, cajole, abuse others for their own means and motives.
- 13. Yellow Bearded Iris—to release old thought/condition patterns of a mental variety. Helps with any harbored negative emotion that stunts our growth. The ability to 'see' or 'perceive' on a much more macrocosmic level.

## **REFERENCES:**

Rules for Planetary-Pictures: The Astrology of Tomorrow by Witte-Lefeldt (can be purchased at below website)

The Combination of Stellar Influences by Reinhold Ebertin, 1972 edition. Ebertin-Verlag 7080 Aalen, Germany

# **WEBSITE RECOMMENDATION:**

http://www.uranianastrologer.com/

Penny's website has all the information you could want on the Uranian planets. I highly recommend all these books below for those interested in Uranian Astrology. Have fun

Uranian Astrology Manual Cosmobiology Conference – Phoenix Workshop by Penelope Bertucelli

Handbook of Techniques For Hamburg School by Brumund and Rudolph