

## ADMETOS RULER SHIPS IN MEDICAL ASTROLOGY

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UPDATE 2010: As with anything, time, age and experiences increases one's wisdom of understanding. I undertook a six month work of love to redefine the Uranian planets into a modern context of understanding quite a while ago. And I produced these eight monographs on them. I should mention I have a private love for Admetos. Why? Because I have Admetos opposite my Jupiter in my natal chart in a very tight orb of less than one degree. That makes me an Admetos person times ten because Jupiter "expands" on anything it has an aspect alignment with.

Hades and Admetos are the two most maligned and misunderstood of the eight Uranian planets. They are always seen by beginners as "bad" planets or sensitive points out in space. And to be forthright about this, Witte saw these two as nothing but misery, suffering and death. But then, he discovered them while in the trenches during World War 1, so we have to give him some leeway on this. And it was Hades and Admetos that were 'active' in the chart of a German soldier when he was killed or wounded. Witte saw only ONE side to these magnificent Uranian planets. He and other German astrologers set the groundwork. And so, the 'second wave' of astrologers working off their amazing work, is where I came in and was introduced to them by Charles Emerson, 1974 at Minneapolis, Minnesota Astrology Conference.

Many forget that just like our known '9' planets + (our luminaries) Sun and Moon, that there is a heavy AND light energy side to each of them as well as the Uranian planets (sometimes referred to as Transneptune planets or "sensitive points" out in space). One planet is not a 'good' planet while another one is 'bad.' (Just as Jupiter is seen as 'good' and Saturn as 'bad.') 'Heavy energy' (tupay) is a Quechua/Incan concept that includes all of our negative human emotions (greed, hatred, pride, Egotism, prejudice, envy, jealousy, etc.) 'Light energy' (taqe) means coming from the heart and living a life of Compassion and kindness toward all living things. I've endeavored to be even handed in my presentation of what I've learned by

utilizing the Uranian planets since the 1974. I'm happy to share what I know with all of you. But it is not the last word on the subject; merely a train stop at a particular station as seen through my eyes/experience.

Symbol: The sign Taurus, with Mercury and the "cross of matter" within the sign. Attributes of Taurus/Scorpio, Mercury and the ability to ground vision into physical manifestation and reality. House wise, it symbolizes the 12th house.

**NOTE TO ASTROLOGERS:** 'Orb of influence' concerning a Uranian planet in the 360 degree chart is up to 5-10 degrees in aspect to another planet. The tighter the orb, the more influence. A Uranian planet has a very tight orb in comparison and I prefer a 1-2 degree orb in the the 360 degree chart. If utilizing the Cosmobiology 90-degree dial, I work with 1 degree approaching a natal position, and 30' (thirty minutes or ½ a degree) departing from that natal position. If it is in alignment by this tight orb of influence, then that person is overshadowed by the Uranian planet and lives a life like that particular planet and all that it symbolizes. In the 90-degree Cosmobiology dial, two degrees (maximum) is allowed, but I find in my medical astrology work, zero to one degree is my preference between a Uranian planet and another planet or luminary (Sun/Moon) in the 90 degree dial. Anything outside of that and the effect of this Uranian planet does not affect the person, in my experience.

There's a lot more to Cosmobiology techniques than I'm pointing out here. To get people interested, I'm keeping it basic and focusing on only one aspect of the 90-degree dial. And that is the seeming "conjunctions" on the dial. For more information on Cosmobiology and Uranian astrology, check out my REFERENCES at the end of this article/blog. Keep scrolling down and you'll eventually run into gemstones and healing, Uranian planets information, PTSD and high cortisol and how it affects us, Part 1 and 2, Walking the land/Sedona, Arizona and surrounding Native American areas in central Arizona.

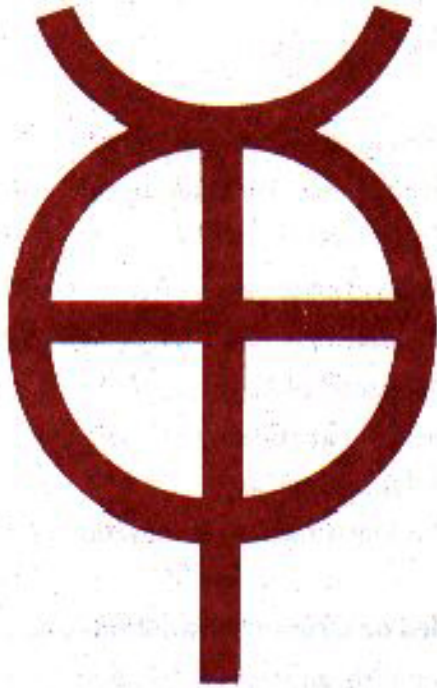
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## THE GLYPH

# Admetos



It is the symbol of Mercury with the cross of “Matter” inside of the circle. Mercury symbolizes the Cosmic antenna that all Admetos people possess. The Cross of Matter means that they can not only ground what they ‘receive’ from their antenna, but manifest it into our third dimensional world. These are world builders. At their most positive, Admetos people are creators and visionaries for the future of our planet and people.

Some people see the glyph is the planet Mercury symbol with the zodiac sign, Taurus. I find that there is synchronicity between them. If you consider that Taurus is an actor in this glyph, then you must include it’s opposite polarity sign, Scorpio, with it as well.

## **MEDICAL RULERSHIPS OF ADMETOS**

1. Stoppages (blood clots, phlebitis, soft tissue injury, etc.) Emotionally, they are all stopped up because they tend to “swallow” their emotions. They CHOKe on them. And choking is a big thing for Admetos people. Choking, gagging and suffocation are the big 3 for Admetos.
2. Blockages (blood clots, heart attack, cholesterol/plaque, etc.) Think about emotional blockages as well, that is the foundation floor for all these symptoms.
3. Cholesterol (blocking--Jupiter rules fat/lipid metabolism).
4. "Blood sludge" (cholesterol/plaque buildup in arteries).
5. Stagnation (physically, emotionally, mentally, spiritually/ slowing of blood; poor circulation). If an Admetos person retreats from the “real” world, then he or she cuts themselves off from learning. And like a stunted tree, they never grow well, and always in some way, gnarled and twisted, instead.
6. Suffocation (feeling of anxiety/panic attacks, in a bad marriage, a stultifying, a meaningless job, physically, mentally, emotionally or spiritually suffocated by family/circumstances, drowning, unconsciousness where one drowns in their own fluids and suffocates). Coma victims are found here. Autism, a deep inner life but no outlet to the real world, is also under the rulership of Admetos.
7. Cold-natured (physically can't stand cold weather/snow/low temps). That is why you see so many Admetos people living in deserts or on islands near or on the Equator. They prefer a warm climate and very little rain. Rain depresses them very quickly.
8. Chilly by nature. They're always wearing a hat to keep their head warm and a sweater or jacket is never far away.
9. Inward (shy/introverted/inward seeing and perceiving). And some will say they are “cold” or “chilly” to them as a result of this because people misunderstand their seeming aloofness.
10. Shy/introspective/an “inny” (introvert) not an “outy” (extrovert)
11. Secretive (afraid others will see their vulnerability). Closed mouth. They listen more than they speak. They hold many, many secrets and will never give them up to others. What is said to them stays with them. Forever. They are the carriers of serious “skeletons in their closet.”
12. Repressed due to some kind of trauma
13. Suppressed due to some kind of trauma

14. Blunt (speaking)

15. Tactless (the truth above all else, no holds barred). If you ask, you get their truth. They don't sugar coat anything.

16. Dry (thirstless, dry skin, dried up emotionally, like dry areas like deserts, low humidity, very little rain).

17. Stiff (as in joints, muscles stiffening up with age or injury). In public, they may also appear stiff and unable to do the required 'social speak.'

18. Alone and liking it. Or being alone. Unmarried throughout life. Or, they may have a partner but even they don't know what is really is going on inside their Admetos mate.

19. Loner/hermit. Give them the mountains, hiking, camping, fishing, riding and they're happy. They don't like crowds. They are introverts by nature. Being alone recharges their battery. Being with people/groups/crowds energetically sucks them dry. They do best owning their own business.

20. Restriction (circulation). Often, in their childhood, they have been severely restricted by dysfunctional parent(s) or their environment. They learn to exist on very little emotional nurturing/sustenance. That is why they must learn to show their emotions and not be afraid to reach out to be held. Some Admetos people actually hate to be hugged or embraced because of the sterile childhood they were raised in. Others seek out nurturing/mothering spouses to compensate for what they never received from their parents. Latch Key children syndrome is with this planet. Children with a strong Admetos who are forced into early day care and no parenting throughout because both parents work, are gravely wounded in the course. They are starved for the "milk" of life, the nurturing of a mother and get neither. And like animals who are motherless, they curl up and retract inward for the rest of their lives. The "strong, silent type" is the Admetos person. But this is why.

21. Stroke (blood clot BLOCKS vessel)

22. Blood clot

23. Lack of perfusion

24. Shut down/shock. Many Admetos people suffer a great trauma or two in their lives. Usually it comes out of the blue (hidden until the last minute) and it shocks them. This can be on any and all levels.

25. Poor circulation. Admetos gets myopic and focused on something and loses sense of everything else. They can sit for hours on a project and barely move. They need to get up every twenty minutes, walk around and loosen up.

26. Raynaud's Disease. Cold hands and fingers due to poor circulation. If a smoker, this increases the problem tenfold. It is a genetic dis-ease.

27. Fetal distress (cord wrapped around neck/suffocating in birth canal). I have saved many babies in the womb by doing the mother's labor chart a month before their birth. Every time Admetos is present, it means the cord can and will wrap around the infant's neck. And in each case, it turned out to be true. The doctor was warned in time and a C-section was performed to save the baby.

28. Mother (issues with our biological mother/integrating feminine energy within ourselves/positive or negative "dark" mother archetype). Every Admetos person has mother (Moon) issues. The more hard aspect to the person's Moon will stamp the Admetos person heavily and scar them for life. They had no breast milk as an infant, which personifies life giving nutrients, nurturing and maternal love. And by 'breast milk', I'm saying the mother did not nurture her Admetos baby, whether there was breast or bottle milk available. Not every woman is capable of mothering and in this case, the Admetos child is damned from the moment of conception. Admetos may search all of his or her life for sustenance, life quenching, life giving experiences through people, places and things. It is a lifetime of searching for breast milk to sustain and help them bloom, metaphorically speaking.

Some Admetos children are adopted and never told the truth until much later (the shock alone will throw them into a tail spin for years or decades afterward). Or, their conception is kept a secret by the mother. She may have been raped/had an affair with the Admetos child was conceived but the husband has no inkling that the offspring isn't his. With Admetos, you get some very serious family skeletons in the closet. Whose child is it, anyway? Admetos children can become orphaned more than any other planet in astrology. And even if the Admetos child has parents, he or she is STILL an orphan because neither parent ever really 'parents' the child. It is a sterile environment where the childhood is lost or warped to such a degree that it takes Admetos decades to come to terms with it all. "Rape babies," or "out-of-wedlock babies," fall under Admetos. The truth is hidden.

29. Relationships with mothering or nurturing kinds of relatives/friends. Admetos people who were rejected at birth by their mother (literally or figuratively speaking), will usually compensate by seeking out people who are not like his or her parents or mother. Instead, they will draw nurturing people who feed Admetos instead. This is why Admetos blooms later in life. They may not have had any choice in their parents, but they have full control to choose their friends. And the second time around, they choose people who lavish them with the food of life instead of starving emotionally to death as they did in childhood.

30. Emotions (Moon/Mother/Admetos). Feelings are usually sat on because they were not allowed in the first eighteen years of life. Admetos is in a prison, literally speaking, for those years. They have no choice but to swallow their feelings and simply try to survive the childhood. And if nothing else, Admetos people ARE survivors. And isn't it interesting? Admetos people prefer a desert to live in where there is no water? Water equals emotions. They can't deal with an over emotional world. And there's a chance that the mother was a drama queen times ten; hence, their inability to want any place where it's raining all the time. That's the equivalent to raining of emotions pummeling them all the time. Hence, their love of the DRY, rainless desert!

31. Seed. No one has more ideas than Admetos. They are the Johnny Appleseed's of the Cosmos, literally and figuratively speaking. The secret is that they are either consciously or unconsciously tapping into the world of archetypal symbols, past and present. When one does this, the treasure chest of all knowledge from all times and cultures becomes available to them. They are seed idea people. Want a new idea? Just ask an Admetos person. They write or talk or teach on a wide, broad canvas that few people can match or imitate. Many times, they are referred to as "Renaissance people." The right hemisphere of their brain is directly connected to the Cosmic Treasure Chest. New ideas, concepts, visions and manifesting them here on Earth is the Admetos' skill that is unmatched by any other planet. Admetos simply sees the multidimensional worlds through his or her multi focused lenses. They are a seed of all possibilities from all times/eras. They are often inventors. They love all the ancient sciences. At the highest level, some are hooked into the fractal world and reflect completely new theories and concepts.

32. Germination (of an idea, a vision, a bacteria, a virus, the beginning of a disease that goes undetected until too late). No one germinates more than Admetos. They are a Cosmic Garden "seed" on steroids. Best of all, Admetos not only gets the idea, but runs with it and is able to work hard to make it manifest here on Earth. They finish what they start. On a less positive side, a bacteria or virus can incubate for years or decades in an Admetos person, wreaking silent damage to a system or organ, before its discovered.

33. Development Room (processing film negatives). Although the digital camera age is upon us, if you've done dark room processing you have the exact image/metaphor of what happens to Admetos when they get an idea from the Cosmic Treasure Chest. It start as an intuitive hit, and then, it begins to develop more and more over time. Finally, the print, the photo, the idea, becomes perfectly clear and Admetos can not only see it, but verbalizing, draw or write about it. They have an amazing creative process. Writers with a strong Admetos tend to write a lot of books over their lifetime. They are amazing producers of information on any and all levels. As artist, musician or song creator, the Admetos person, once they get entrance into that world, continue to thrive in it for decades. They are long distance runners when it comes to creativity. Even Mercury can't hold a candle to their communications endeavors and production.

Admetos leaves Mercury in the dust! And if you notice, the glyph for Admetos has Mercury in it!

34. Negative (film). Admetos children frequently come from economical poor or deprived childhood. There's lots of negatives in their life that first eighteen years. However, the high side of Admetos draws in mentors, experiences and situations that allows Admetos to bloom over a long period of time. Another reason for the "late bloomer" tag that we put on Admetos. When they do bloom....it's an ongoing, amazing process that leaves people in awe. They are idea factories.

35. Where ideas begin--seed ideas

36. Seed of a "dis-ease"--beginning of a disease

37. Decline in health after long, hard enduring of stressful situation. If Admetos can't get out the wounds and work through them, or give them 'life' or 'voice,' then they will attract a disease. If they can release the bitterness of their childhood, make peace with the mother, then their health will improve remarkably.

38. Unexpected pregnancy (unknown and a big surprise).

abortion (choice by woman)

39. Miscarriage (spontaneous)

40. Inactive (hospitalized/couch potato/non-athletic)

41. Claustrophobia (they don't like crowds or to be in a small, cramped area)

42. Constriction/tightness (can't stand tight clothes at waist or neck)

43. Specialist -- best at what they do--in relation to a doctor/surgeon/or whatever career they choose to express

44. Narrow (as in cholesterol in artery narrows it with plaque buildup or narrowing of blood vessels causing poor circulation/coldness in hands and feet)

45. Limited (range of motion)

46. Settled (as in uric acid crystals settling in joints of Gout or calcification in joints with Arthritis)

47. Restricted (as in hospital, on crutches or bedridden)

48. Can't tolerate small, tight, limited spaces--must have movement, air flow and air circulation



49. Late bloomer

50. Ugly duckling (later turns into a swan in 30's). They are the proverbial clam shell that is closed, but holds a pearl deep within them.

51. Death by strangulation (in utero or otherwise/hanging suicide/someone strangling the person to death)

52. Origin of the disease--when it BEGAN.

53. Primal matter (they like to work with basics, foundational building blocks, they are simple, straightforward -- no shallow persona in place, they like 'shit'; may be compost for the garden, their own internal 'shit', may be a therapist to deals in other's 'shit', buzzard medicine (shit medicine), or they find themselves in shitty situations; constipation, especially when traveling, good at forensic medicine, psychotherapy).

54. "Root cause" (they are good at finding it; detective, good at police work, as a homeopath, they want to understand the beginning, the basis, for things in their life or their life work).

55. Original cause

56. Going back to basics (speak in everyday language; they are not academicians with one dollar words)

57. Building a strong foundation (their physical body is always strong and can endure incredible hardship and beatings from Life before breaking down).

58. Difficult childbirth or difficult labor (woman may have many spontaneous miscarriages or abortions by choice).

59. Confined (as in a tumor confining cancerous cells within boundaries vs. lymphatic cancer which is boundary-less)

60. Compress or reduce in size (as in shrinkage of a tumor, cyst or fibroid tumor)

61. Incubator (a place where things--germ, bacteria, virus, creative idea, vision, etc.--actually begin and are fostered. In cancer, the body is the incubator for this occurrence.)

62. Down. Deep. Introspective. Hidden. Below the surface. Unconscious. Subconscious.

63. Autism.

64. Bumps into things, drops things, awkward, unbalanced, trips over own feet.

## PSYCHOLOGICAL UNDERPINNINGS OF ADMETOS

1. There are two types of Admetos people. They may look like a Taurus type person in build: chunky, blocky, short, medium to large-boned OR they resemble the Mercury type of petite, small boned or short (around 5' to 5' 4"). Very muscular (regardless of gender), very strong. They like weight training. They build muscle easily and retain it. They are also "strong" emotionally but this can work against them as they swallow too many feelings too often and then it backs up on them and explodes as a dis-ease later in life.

2. Weight issues; gaining weight because they use the fat as a 'wall' to protect themselves from the hurts of Life/the world. Also, high cortisol (Adrenals) is often seen here because many Admetos people suffer PTSD, Post Traumatic Stress Disorder from an abusive childhood, being raped/incested, or bullied or some major tragic experience that shoots their cortisol out of normal boundaries.

3. May feel like they are "caught between a rock and hard place" or "my back's up against a wall." This is the 'suffocation' issue that Admetos expresses. From an astrological standpoint, Admetos is an "inconjunct" (150 degree) hard aspect. These people do not have easy lives and usually are "wounded healer" archetypes taking on some life-threatening situation or disease and then working through it to heal themselves. Then, they turn around the help others who have gone through a similar experience. All learning is experiential with Admetos types. They aren't book learners. Real "life" is their ultimate teacher and educator.

4. They have great depth of thinking and intuiting processes. Slow to answer. Never the type who has a quick "come back"--they think of it hours or days later after the confrontation. They listen far more than talk. Talkative people drive them crazy. It drains them energetically.

5. They are a specialist in some career area--and they will be the best at what they do. Good to see this in the surgeon's chart natally. It means s/he is the best at their trade. These people are "peer" group individuals. They may appear to be a treasure trove of unlimited and vast information in many different areas. Press a button and they have something of worth and depth to say about a myriad amount of subjects. They, more than any other planet, are able to tap into the Archetypal connection with archetypes to pull vast storehouses of knowledge out and verbalize or write about for everyone else. "They know what they know without knowing why they know...." E. Nauman.

6. Very hard to 'draw out' if trying to take their case homeopathically. They do not yield out vital information at first. You may get what you want months later after they 'trust' you. They "hide" their real selves from the prying eyes of the world. And a traditional doctor may well be

stumped because Admetos people simply don't communicate much. It's like pulling 'teeth' to get information out of them.

7. Like a very slow blooming flower. Blooms late. Or seen by others as a "late bloomer." The Ugly Duckling Story and Cinderella fits them to a tee. They have a rich, inner life. They are the children who played happily alone and didn't need others around in order to be entertained. Reminds me of the Century Plant flower essence: Breakthrough via slow but sure, persistence and endurance. And this is why they aren't externalized very much. Their inner life, their fertile creative mind and rainbow emotions keep them forever enthralled. For someone on a spiritual path (and we all are), the Admetos person has a vast, rich connection with the Other Side. Shamans are found in this position.

8. Powers of endurance on every level of being are legendary. Like a bull elephant who can just keep going, and going, and going.....but when they exhaust themselves; it's deep and their recovery time is slow. Or, the "energizer bunny," is also a good symbol for their inexhaustible energy supplies.

9. Ability to concentrate--deeply and with laser-like focus. Shamans need this ability or they can't journey. A doctor who is a surgeon needs it. There are many jobs that require this high degree of constant, ongoing focus. They usually have a career that is "behind the scenes," and they dislike the spotlight and hate Paparazzi. They truly understand that the "power is behind the throne," and not in front of it. If given a choice, they would rather remain in the background and not out front. They know they get more done working alone and hermit-like than ever being like a Hollywood star/politician, who is just the opposite of them.

10. If emotionally 'stopped up' then there can be edema/water (Moon) issues. Once those issues are aired, the edema goes away. Giving "voice" to their suppression/repression will ease the water weight issues. It's tough for an Admetos person to cry. But cry they must. "Better out than in..." E. Nauman.

11. Conservative by nature. Symbol: work horse in a harness or an oxen in yoke working to plow a rich field of soil. And the inner soil of their being is so incredibly fertile that they are forever self-entertained. Their inner life is continually unfolding to them in a multitude of ways. They truly are multi-faceted, but you couldn't tell that by just looking at them.

12. A job that entails a lot of interface with people will stress them out quickly. They work better alone or with low to no supervision. Admetos people are self-starters. They dislike being told what to do; frequently a lot smarter than the boss or manager who is above them in the company setting. For best results, Admetos should start his or her own business or company.

13. Has a lot of patience and perseverance to see something through. Their word is their bond. They watch what a person does, not what they say. Their 'walk is their talk.' What you see is

what you get. There's no varnish on an Admetos person. They are plain clothed, unassuming, like silent shadows that walk among us.

14. Very reliable. Hard worker. Will work themselves into exhaustion--they do not know when to stop and rest if you have their loyalty.

15. Check for high cortisol levels if they have come out of a dysfunctional family, a family where abuse of any type was practiced, went into the military/war, or suffered some type of Post-Traumatic Stress Disorder (PTSD) and they still have it. High cortisol is caused by PTSD. It is a 'hidden' element and hormone that can make a person feel like a monster is inside of them (the PTSD symptoms/reactions) and they struggle to suppress or repress it by looking and behaving 'normally' but they don't feel normal. Functional Medicine can do the testing to check this life-altering condition out and can CURE IT. Cortisol is the 'hidden' element here and typical of Admetos being strong in a person's chart (within one degree orb of another natal planet or cusp position).

16. Some Admetos people sink to the level of fraud, lying and deception. They make great "moles" and undercover spies. Chameleons, they know how to fit in and fade into the background. Admetos people of this ilk have great perception of the human condition and manipulate it for their own greed and need. And no one is better at this than Admetos.

17. Anything by anyone (person, group or country) that is "hidden" for a reason, is ruled by Admetos. For example, stealing of Plutonium to make a bomb by terrorists. Government politicians on the 'take' and sneaking things through Congress without public scrutiny first. "Fixing" an election, a horse race or anything else where sleight of hand or people who are intent on cheating, brings out Admetos inclinations. Anything that is "underground" and not above ground to be seen by a person or group of people. A veil of secrecy (whether right or wrong). Not telling the whole truth. Telling a half-truth. There are Admetos people who feel lying is perfectly acceptable and moral. Liars, cheats, thieves who all skulk under a cloak of secrecy and darkness.

18. Rotting from the inside out. Literally and figuratively speaking. Cancer eats a person up from this position. Cancer is usually not detected until it's advanced or too late to control. The 'eating one's self up from the inside out,' is more than a metaphor. Wounded emotions can do this to the Admetos person over decades. A twisted mental framework based upon abuse earlier in childhood is carried into adulthood. This is where fanatics of all kinds are created and who act out from this imbalanced mental state. Road ragers, robbers, stalkers, children who murder other children, sexual abusers, pedophiles, sociopathic individuals of all ilk fall under the umbrella of Admetos. They live in a hidden, inner world of torment and suffering. They look out through eyes of a wounded human being and act it out more or less depending upon the individual.

19. Drug addiction is another way to check out of the 'real world' and move into their 'inner world' of fantasy and escape. Admetos has all of the possibility. Those who survive a brutal childhood and who turn to drugs to 'escape' the carnage and pain of living through it will wrestle with drugs for the rest of their lives. Or, until they are able to work through the wounding. And then, the Admetos person may discover the rich inner treasures of themselves and connect with their many talents. Of all the Uranian planets, Admetos people are dragged down through the depths of hell (childhood) and then struggle like the Shaman/Wounded Healer archetype, and work through their pain. They then "bloom" and discover their inner treasures and later in life begin to utilize and share them with the world. It can be a painter who paints, a writer who writes, a musician who sings, a songwriter who writes songs, etc. One of the most talented of all the Uranian planets, when Admetos gets her or his house in order, gets the wounding healed up within them, they can go on to enriched lives that fertilize the world in the most positive and uplifting of ways on large or small scale.

### **HEALING TOOLS FOR ADMETOS**

1. Gardening. The earth. Farming. Planting. Flowers. Growing green things. Walks in Nature. Taking time out to work with living plants, trees, shrubs and flowers. Agriculture. Flower shop. Flower arrangement. Nursery work. Greenhouse work. Anything 'creative' that they can plant like a seed and watch it grow--literally or figuratively speaking. They love to work with clay and pottery. Finger painting, tempera paint, papier Mache', making masks, carving wood or stone or metal.
2. Photography.
3. Painting.
4. Dancing.
5. Music.
6. Anything that will bring out their very deeply hidden emotions for positive expression or release of negative ones. Sewing/quilting/crocheting/knitting/tatting/embroidery/fabric artists/fabric designers and many of the artistic/creative hobbies are healthy for them, as well.
7. Psychotherapy. Often needed to help the Admetos person to put their abusive childhood into proper context so they can discharge the toxic emotions and move on.

8. Soul recovery and extraction. Shamanically, many Admetos people have lost many pieces during the childhood phase of their life. A shaman journeying to retrieve these pieces and bringing them back to them can help them to heal sooner.
9. Flower/gem essences. Please see the list below. There are certain flower or gem essences that can help release the toxic load that Admetos carries from her or his childhood. By discharging it, they can get on with their lives in a far more positive manner and expression.
10. Herbs. Many Admetos people have a deep love and reverence for plants in general. And many are drawn to grow and make herbal tinctures, ointments and infusions to help others. Some of our greatest herbalist in the past and today, are Admetos people. They also do well in their healing program to use an herb(s). See a master herbalist for help.
11. Homeopathy. It takes an Admetos focus and powerful intuition to see THROUGH another person, to really hear what they're saying instead of just listening to their list of symptoms. Admetos homeopathic practitioners have a 'second sight' and can literally 'feel' their way through another person in order to find the correct remedy for them. This alternative medicine is an excellent "tool" for healing an Admetos person.
12. "Better out than in"--discharging their emotional dross/personal, inner darkness is their way to health and freedom from disease.
13. "You can lead a horse to water but you can make her/him drink"--the problem with Admetos. They will 'discharge' or 'drink' when they want to--you cannot MAKE them. They are very Taurean--slow but sure--sometimes maddeningly slow.
14. Going on a retreat. This is a true vacation for any Admetos person. They need a lot of time alone. By being alone, they can listen to their own internal voice in order to know how to live their life as fully as possible. They can be alone and NOT be lonely. They are introverts.
15. Going on a vision quest. Working with Native American or 'earth centered' ceremony/religion/belief system.
16. Sweat lodge ceremony. For those drawn to the damp darkness of a sweat lodge in any country/indigenous people, this can be a profound healing for an Admetos person. They understand internal darkness as no one else can. They live there. And only by working through this darkness can they emerge into the light of day. The sweat lodge is an excellent metaphor for an Admetos person, whether they ever experience a 'real' sweat or not.
17. Careers. Working with jewelry; gemstones, gem essences, faceting and being a "rock hound" or rock hobbyist. Geology. Mining. Gold panning. Environmentalist. Landscaper. Real estate work/job/career. Architect. Artist of any type. Writer. Detective. Farmer. Gardener. Landscaper. Police person. Builder. Song writer. Philosopher. Visionary. Dreamer who makes

physical manifestation occur. The "cross of matter" promises this aspect for the positive Admetos person.

18. Meditation. Is very necessary for the Admetos person. Because they are fully tapped into the Cosmic Treasure chest, this 'time out' is like a car filling up with gas. Only, for Admetos, it renews their energy and helps them to move back into balance.

19. Being alone in a quiet, low-stress, mother-nature sort of place is healing and harmonizing and balancing for them to be and do their best.

20. Encourage the Admetos person to have one room in her/his house that they create that brings out all the above.

21. Living plants in their house or at work. The more the merrier.

22. Writing--they are full of ideas. Encourage them to take a class in creative writing. Writing from a psychological perspective is a way for them to 'give voice' to their pain and wounding. It becomes an exercise in discharge and a highly positive way to do it. NOTE: on a personal note, being a Jupiter/Admetos person, I have written 225 fiction books and 12 nonfiction books in my 40 years as a writer for traditional publishers. I have had my romance books in 33 different foreign language editions and sold over 14 million books worldwide.

23. The highest level of positive Admetos is the magician who can think it, and it will be so--and they will bring it into physical reality and manifestation. They are SUPER-creative. Birthing incubators of the highest and best kind. They are the Johnny Appleseed's of our world. They 'sow' their idea(s) to humanity. They are always 'pregnant' with "brain children" or a 'fertile-Myrtle' who has lots of children but she will have a number of miscarriages/abortions, too.

24. Admetos women are not necessarily brood mares with a flock of children surrounding them. They may choose to use their "fertility" and turn it into brain children or other creative endeavors and means via the arts or healing areas. Women who do not desire to have children or women who are sterile due to genetics/DNA, rape/incest issues, or medical complications. They turn their "nurturing" abilities to family, friends and the world around them. Natural or induced miscarriage abortion occurs with Admetos. The inability to carry a fetus to full term. Miscarriages abound here. Fertility issues.

25. An Admetos person who is spiritually "asleep" may instead, appear as a "born again" and be of a particular religion that they follow blindly, be super-conservative, and conventional. They don't like to rock the boat. They want things the way they "used to be". They don't like change. Very fixed and likes a 'rut,' (Taurus). They see their way of life as the only answer for everyone else. Think of: Steel workers. Blue collar auto workers. Small town/rural America with its "specific religious values", ethics, morals and values. Hard working. Enduring. Can be counted upon. Family, God and Country. On the heavy energy expression end of Admetos, these people can become fanatics and 'act out' by mass shooting others, joining the Taliban or joining other

fanatical and dangerous organizations. Seditious militias. Secret societies. Paranoia is high. They trust no one but themselves. Their mindset deteriorates into “someone is “out to get me,” be it a person, a group or government entity.

26. An 'awake' Admetos person, spiritually speaking, may be reliable, hardworking, conservative, but will not be projecting their way of life onto anyone else. They may retain their deep religious or philosophical values/convictions and at this stage of development, possess a "live and let live" attitude toward others. They develop a very deep level of compassion over a lifetime and frequently serve others in some capacity (hospital, hospice, charity organization worker, volunteer to help others who have less, etc.).

27. An 'awake' Admetos is a world changer either on a large or small scale. They are continually manifesting their dreams and vision for themselves and others. Highly creative, disciplined, reliable, they too, are fueled by a sense of mission that comes from a deeply religious or philosophical belief system of service to their world.

28. There is an interest in other cultures and diversity and may be a curiosity to explore it deeply--as in ancient cultures. In fact, they are able to connect with the gods/goddesses of the ancient world and utilize that information here and now; a feat in itself. The past is the present for Admetos people. Their hunger to learn other cultures comes naturally. They are like a Cosmic Dim Sum plate: they take a little of each culture, each myth, each philosophy and weave it into their own unique story. It makes them fascinating, multidimensional people.

29. They show earmarks of super creativity and may have more than one hobby. For people standing outside and seeing this multitasking, multidimensional Admetos person, they can't believe how much they know, how much they produce or have such deep knowledge about so many different topics. When you consider that Admetos is the original “Pandora's Box”, a treasure chest that contains all their past life knowledge and that it becomes available in a very concrete way to an Admetos person, they appear to be very different from everyone else. In reality, Admetos people working at this level of interface with the Cosmos, are role models and show others that they too, can do this, too. They are not unique. They merely show the way to what is possible for every other human being. They are no more or less talented than anyone else. The only difference is they are tuned in and hooked up and use it, is all.



**FLOWER ESSENCES, GEM ESSENCES, HERBS, HOMEOPATHIC REMEDIES TO SUPPORT ADMETOS PEOPLE**

1. Century Plant -- to make that "breakthrough" deep within themselves. Flower Essence.
2. Crested Prickle Poppy -- to bring up their Shadow so they can see it in their dream work and begin integrating it. Do NOT use this as a flower essence, as the properties of this flower are poisonous. NOTE: should be dispensed by a qualified homeopathic practitioner. National Center for Homeopathy: <https://homeopathycenter.org/find-a-homeopath/>
3. Petrified Sequoia – So they do not take everything so personally (and therefore have a pound of flesh torn from them) at work. This will help them rise above things and be Zen-like without being disconnected from what is going on. Gemstone essence.
4. Phal. Orchid "Stone Pinto" – flower essence, for those who work too hard, too long and don't know when to quit. This essence helps them 'pace' themselves better so they get some 'down time' to rest and recharge. No longer available.
5. Cottonwood Tree –when they have over worked and abused the privilege of their body, or they've taken hit after hit and are reeling, but still moving forward when they should rest. For Life's devastation's. Herb/salve/body lotion for skin dis-eases, flower essence, herbal tea
6. Chaparral -- for a deep, deep internal cleansing to keep them free from cancer or other deeply rooted diseases. Also supports immune system. Should be used every 6 months as a 'tune-up' for 30 days. NOTE: work with Master Herbalist only as this plant affects the liver and you can harm yourself by taking too much of it.

7. Echo Blue (Lisianthus/flower may be available in gardening shop/greenhouse. Seeds to grow your own should be available—google search on Internet) -- to help them tap into their Cosmic treasure chest of 'seed ideas' on the inner level of themselves. Flower essence.

8. Primrose Combo (white/yellow/pink Evening Primrose) -- to "cleanse" them at every level of themselves--they should use this like a 'general car tune-up' once every 6 months, for 30 days, just to keep things status quo and dark negativity doesn't get repressed/suppressed once again. Flower essence. See your local gardening store/greenhouse or buy the seeds online (google it).

9. Cottage Pinks -- to give them a 'boost' of physical energy when they are dragging or sick after working too hard for too long and not taking a prescribed rest. Flower Essence. (Usually available at greenhouse/gardening centers).

10. Ruby -- to give them a super boost of physical energy when they are under a lot of responsibility and are working too hard and they need this in order to perform up to the end of their duties. Gemstone essence.

11. Moonstone -- to dredge up all those old, hidden emotions from the past and from "mom" so that they can be worked through. Gemstone essence.

12. Aconite – Aconitum napellus (homeopathic remedy only) to dig out old shocks and traumas from the past so they can be 'aired' and therefore, discharged instead of causing disease later in life. NOTE: should be dispensed by a qualified homeopathic practitioner ONLY. National Center for Homeopathy: <https://homeopathycenter.org/find-a-homeopath/> NEVER take this as flower essence or herb...it is deadly poisonous.

13. Bellis Perennis (English Daisy)--because Admetos is always good in a trauma or emergency, they need this to dig out THEIR reaction afterward. To be used on an 'as needed basis' as they encounter such traumas. Use as flower essence and/or homeopathic remedy: National Center for Homeopathy: <https://homeopathycenter.org/find-a-homeopath/> Also available at gardening centers/greenhouse or go online (google it) for seeds.

14. Emerald--to support the Admetos' immune system because it takes such a beating over a long, long period of time without reprieve. This should be used every six months, for thirty days, along with the Primrose Combo or Chaparral as a 'tune-up' to keep them in good health. Gemstone essence

#### **REFERENCES:**

Rules for Planetary-Pictures: The Astrology of Tomorrow by Witte-Lefeldt (can be purchased at below website)

The Combination of Stellar Influences by Reinhold Ebertin, 1972 edition. Ebertin-Verlag 7080 Aalen, Germany

#### Uranian Astrology Manual

Cosmobiology Conference - Phoenix Workshop by Penelope Bertucelli

Penny's website has all the information you could want on the Uranian planets. I highly recommend all these books below for those interested in Uranian Astrology. "Uranian Astrology Books" is the second site of [UranianAstrologer.com](http://UranianAstrologer.com) by **Penelope Publications**. Find Uranian astrology books, dials, lessons, articles, references, traditional astrology books, friendly links, German Uranian astrology computer program. Contact: Penelope Bertucelli, 8818 Chunnel Terrace Crescent Lakes, Boca Raton, FL 33433, USA

Handbook of Techniques For Hamburg School by Brummund and Rudolph